



AN ADVENTURE LIKE NO OTHER.

A guided 5-day, all-inclusive tour exploring from the beaches of the Abel Tasman National Park to the private beech forests of the Maruia River Retreat.



ITINERARY



Day 1: Nelson / Motueka to Torrent Bay

7.00-7.15am Coach pick up from Nelson

8.15am Coach pickup Motueka.

8.30am Pre-tour briefing at our Motueka office

gam Coach departs for Marahau to start your walk.

12 noon (approx.) Lunch with views over the Astrolabe Roadstead to Adele Island

4.30–5.00pm Welcome to Torrent Bay Lodge

Day 2: Torrent Bay to Awaroa

9.30am Depart Torrent Bay to walk the coastal track. Cross the swing bridge at Falls River.

11.30-12.30pm Lunch at Bark Bay. Rest in the shade, explore the bay or refresh with a swim.

2.30pm (approx.) Walk along Onetahuti beach

4.30 - 5.00pm Welcome to Meadowbank Homestead at Awaroa

Day 3: Awaroa to Maruia River Retreat

9.00am (depends on tides) Walk across the Awaroa estuary and through the northern forests

11.20am At Totaranui, join the Vista Cruise along the spectacular coast

1pm Leave for Maruia River Retreat

3.30pm Pitstop at Toad Hall

3.30pm Arrive at Maruia River Retreat

6pm 3-course dinner

8-8.30pm Evening Breathwork and Meditation (optional)

9pm Private Forest Bathing and Hot tub/Sauna Schedules





ITINERARY

Day 4: Explore the local trails at Maruia River Retreat

8am Yoga Class (optional)

9.30am Continental Breakfast

12pm Guided Nature Walk within the Estate's private forest with picnic lunch

2-5pm Private Forest Bathing and Hot tub/Sauna Schedules

6pm 3-course dinner

8.30-9pm Evening Breathwork, Meditation or quiet time with optional massages here for some guests

Day 5: Return home

8am Yoga Class (optional)

9.30am Continental Breakfast

11am Check-out with Packed Lunches

SUMMARISED ITINERARY





Day 1

Coach pick up from Nelson / Motueka

Pre-tour briefing at our Motueka office

Coach departs for **Marahau walk**

Arrive at **Torrent Bay Lodge**

Day 2

Depart Torrent Bay to walk the coastal track

Lunch at Bark Bay

Walk along **Onetahuti** beach

Arrive at **Meadowbank Homestead at Awaroa**

Day 3

Walk across the **Awaroa estuary**

At Totaranui, join **Vista Cruise** along the coast

Ride your **exclusive coach** to Maruia River Retreat

Settle in & enjoy a **3-course dinner**

Day 4

Optional morning yoga session

Guided nature walk with picnic lunch

Forest bathing or sauna / hot tub

Dinner & relaxation with meditation or breathwork or a massage

Day 5

Optional morning yoga session

Continental breakfast

Packed lunch for your departure

















HOME AWAY FROM HOME



Single or twin-share

1 night will be spent at **Torrent Bay Lodge** and 1 night will be spent in **Meadowbank Homestead**.

Sitting just above the tide line on a gorgeous, golden beach, Wilson's Torrent Bay Lodge is the perfect place to relax into the rhythm of the waves. For Meadowbank Homestead at Awaroa, it's a faithful recreation of the Wilson family's original home on the 'finest site in the bay'.

Both are a blend of Kiwi charm and modern comforts for the vacation of your dreams.

torrentbaylodge.co.nz / meadowbankhomestead.co.nz

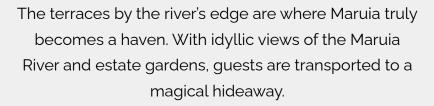




YOUR PRIVATE LUXE VILLA



Single or twin-share
2 nights will be spent at Maruia River Retreat.



With each villa being self-contained with a kitchenette, it ensures guests have the privacy and flexibility to make their stay their own.

maruia.co.nz





PRICING

5-days, 4 nights, all-inclusive

- 1-night Torrent Bay Lodge
- 1-night Meadowbank Homestead at Awaroa
- 2-nights Maruia River Retreat
- Breakfast, lunch and dinners daily
- Guided and self-guided activities
- Transfers between Abel Tasman and Maruia River Retreat and airport
 - Includes pitstop at the coolest local haunt in Motueka, Toad Hall

Luxe Villa, twin share	\$2,995
Premium Villa, twin share	\$3,995
Premium Villa, solo	\$5,547





GALLERY















GALLERY













BEACH TO BEECH PACKAGE

5-days, 4 nights, all-inclusive

- 1-night Torrent Bay Lodge
- 1-night Meadowbank Homestead at Awaroa
- 2-nights Maruia River Retreat
- Breakfast, lunch and dinners daily
- Guided and self-guided activities
- Transfers between Abel Tasman and Maruia River Retreat and airport
 - Includes pitstop at the coolest local haunt in Motueka, Toad Hall

Luxe Villa, twin share	\$2,995
Premium Villa, twin share	\$3,995
Premium Villa, solo	\$5,547

ITINERARY

• Day 1

- o Coach pick up from Nelson / Motueka
- Pre-tour briefing at our Motueka office
- O Coach departs for Marahau walk
- Arrive at Torrent Bay Lodge

• Day 2

- Depart Torrent Bay to walk the coastal track
- Lunch at Bark Bay
- Walk along Onetahuti beach
- Arrive at Meadowbank Homestead at Awaroa

Day 3

- Walk across the Awaroa estuary
- At Totaranui, join the Vista Cruise along the spectacular coast
- Ride your **exclusive coach** to Maruia River Retreat
- o Settle in & enjoy a **3-course dinner**

Day 4

- Optional morning yoga session
- o Guided nature walk with picnic lunch
- Forest bathing or sauna / hot tub
- Dinner & relaxation with meditation or breathwork or a massage

• Day 5

- Optional morning yoga session
- Continental breakfast
- Packed lunch for your departure